

# MOVE

## FESTIVAL

WITTON COUNTRY PARK,  
BLACKBURN, BB2 2TP

SUNDAY 21 AUGUST  
10AM - 3PM

FREE PRIZES UP  
FOR GRABS!



FREE FUNDAY FOR ALL

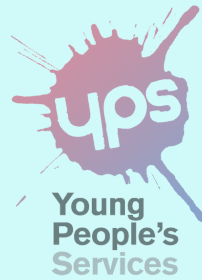
#REFRESHMOVE  
@REFRESHBWD





**re:fresh**  
your health and wellbeing

**creative  
FOOTBALL**



**BLACKBURN  
YOUTHZONE**

**GREEN  
Gym**



**FOOTBALL | CROSSFIT | OUTDOOR EXERCISE |  
XPLOER TRAILS | TRY A BIKE | 80'S AEROBICS |  
MINI MOVERS | FAMILY BIKE RIDE | ZUMBA |  
HEALTH WALKS | DANCING | ORAL HEALTH |  
WOOD CHOPPING | PLANTING | HEALTH CHECKS |  
CLUBBERCISE | CLIMBING WALL | E-BIKES |  
FAMILY GAMES & ACTIVITIES | ADAPTED BIKES |  
INFLATABLE GAMES | DR. BIKE**



**FOR MORE INFORMATION,  
CONTACT THE WELLBEING SERVICE ON:**



**01254 682037**