



Choose if data from your health records is shared for research and planning

Manage your choice

Use this form to make your choice if you are aged 13 or older.

Further details about how the NHS uses health data can be found online at www.nhs.uk/your-nhs-data-matters

Section 1

Your details

Full name

Address

This must be your address you have registered with your GP surgery.

Postcode

Section 2

Do you have your NHS number?

An NHS number is a 10 digit number.

You can find your NHS number on your:

- prescriptions
- test results
- appointment letters
- referral letters

Yes, my NHS number is:

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No, I do not have my NHS number

If no, go to section 3 and provide a photocopy to prove your name and address

Section 3

Tell us which photocopies you are sending to prove your name and address

Do not fill in this section if you know your NHS number.

If you cannot provide your NHS number, you need to provide photocopies to prove your:

- name
- address

Only send us photocopies

Do not send us your original documents.

Photocopy provided to prove your name

Please tick only one option

- UK driving license (full or provisional)
- Passport (photo page only)
- Birth certificate
- Marriage certificate

Photocopy provided to prove your address

Your proof of address must be:

- the same as the address you gave in section 1
- no more than 12 months old

Please tick only one option

- Utility bill (gas, electric or phone bill)
- Bank or credit card statement
- Mortgage statement
- Council tax bill or letter
- Payslip or P60

Section 4

Tell us your choice

The choice you are making is whether your confidential patient information can be used for:

- research to find cures and better treatments for illnesses
- planning where we need to improve or provide more health services

This decision will not affect your individual care and you can change your choice at any time.

I allow my confidential patient information to be used for research and planning

- Yes**, I allow my confidential patient information to be used for research and planning
- No**, I do not allow my confidential patient information to be used for research and planning

Section 5

Where should we send you confirmation of your choice?

Please only tick one option

- By email, which is:**
- By post to the address I gave in section 1**
- By post to a different address, which is:**
- | | |
|----------|--|
| | |
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| | |
| | |
| Postcode | |

Section 6

Your declaration

I confirm that the information I have given in this form is correct.

Signature

Date signed

Where to send your form

Please send your form and any photocopies by post to:

NHS
PO Box 884
Leeds
LS1 9TZ

Only send us photocopies

Do not send us your original documents.

What happens next

It can take up to 14 days to process your form once we've got it.

Once we've processed your form we will send you confirmation of your choice. It can take up to 21 days for your choice to apply to future data releases leaving the NHS.

We will keep this form for a minimum 3 months in case of any errors or queries.

For more information please read our privacy notice on our website
your-data-matters.service.nhs.uk/privacynotice